

# Medical history form

## Personal details

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Address: \_\_\_\_\_ P/code \_\_\_\_\_

Tel: h \_\_\_\_\_ w \_\_\_\_\_ mobile \_\_\_\_\_

Email: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Height: \_\_\_\_\_ cm Sex: female or male

## Emergency contact

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Address: \_\_\_\_\_ P/code \_\_\_\_\_

Tel: h \_\_\_\_\_ w \_\_\_\_\_ mobile \_\_\_\_\_

Relationship: \_\_\_\_\_

## Health care details

Doctor's name: \_\_\_\_\_ Tel: \_\_\_\_\_

Address: \_\_\_\_\_

Dentist's name: \_\_\_\_\_ Tel: \_\_\_\_\_

Address: \_\_\_\_\_

Medicare number: \_\_\_\_\_

Health care card: yes / no Number: \_\_\_\_\_

Private health insurance: yes / no

Name of Fund: \_\_\_\_\_ Member Number: \_\_\_\_\_

Blood group: \_\_\_\_\_ Do you object to blood transfusions? yes / no (please circle)

**Medical details / history**

Do you require a medical clearance from your doctor? yes / no

If yes, reason: \_\_\_\_\_  
\_\_\_\_\_

Do you have any food allergies? yes / no

If yes, please list: \_\_\_\_\_  
\_\_\_\_\_

Any current medical problems? no yes

Had any recent injury requiring medical attention? no yes

Are you currently taking any medication? no yes

Had any severe head or neck injuries? no yes

Had any major surgical operations? no yes

Have any chronic illness (epilepsy, diabetes, heart disease)? no yes

Do you have any allergies to prescription and/or non -prescription medications? no yes

Date of last Tetanus immunisation: \_\_\_\_\_

If "yes" to any answers above, please explain: \_\_\_\_\_  
\_\_\_\_\_

Please list any medical conditions that you have (for example, asthma, diabetes, epilepsy):

\_\_\_\_\_  
\_\_\_\_\_

Please list any regular medications you require (include dosage):

\_\_\_\_\_  
\_\_\_\_\_

### Sports injury details

Please list any current or recurring injuries: \_\_\_\_\_

---

---

Do you suffer from recurring pain in any joint when playing sport? yes / no (please circle)

If yes, please provide details: \_\_\_\_\_

---

---

Have you been treated for head, neck or spinal injury? yes / no (please circle)

If yes, please provide details: \_\_\_\_\_

---

---

If yes, does this condition affect your performance? yes / no (please circle)

If yes, please provide details: \_\_\_\_\_

---

---

Do you wear protective equipment? (eg. mouthguard, head gear) yes / no (please circle)

If yes, please provide details: \_\_\_\_\_

---

---

Do you require specific taping/padding for a previous injury? yes / no (please circle)

If yes, please provide details: \_\_\_\_\_

---